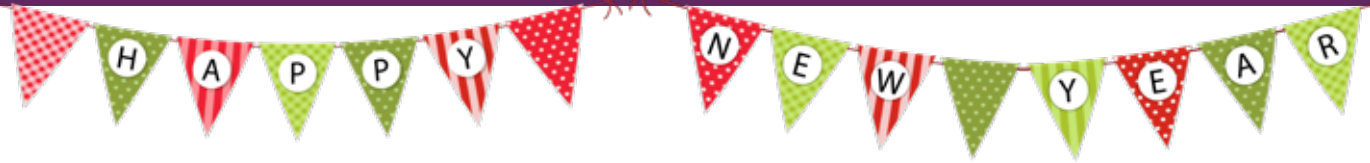


Sydenham News

January 2020



Welcome to our latest newsletter filled with all the news and events at Sydenham House, and a very Happy New Year to you all! As always, there's lots happening at Sydenham House, gearing up for the spring. If you have any questions, or need to get in touch, please call us on 01594 517015. Until next time ...

Christmas ...



Everyone had a wonderful time ...

I want to send a huge "thank you" to everyone who worked so hard over the Christmas period to ensure our residents had a wonderful time. You made it really special.

Thank
YOU

FOR YOUR SUPPORT



Dinner is Served

All of our residents had a wonderful Christmas Dinner, all fresh ingredients from the farm. Mmmm!



We've made a Difference ...

With all your kind donations of food, Sydenham House was able to help people in a crisis yet again!

We have received a wonderful thank you letter (see image below) from the Forest Foodbank confirming that we have, thanks to your donations, donated a massive **115.7kg of food!**

This is great news for local families who are struggling to feed themselves or their family, especially in these cold winter months. In short, the food that we donated will provide about 275 meals for local people in need.

Thank you once again for all your kind donations, it's nice to know we have made a difference.



We wish you all a very Happy and Healthy New Year!

Lyn Nussey



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Staff Spotlight ...



Hayley Powell

Say hello to another member of the team. Hayley joined us at the beginning of spring last year.

Since then, she has completed all of her mandatory training and is now moving one step further, by working towards her level 2 qualification in Health and Social care as well as learning to drive! Well done and good luck Hayley.

Our carbon footprint

As last everyone has recognised and agreed that we all need to contribute towards saving the environment.

At Sydenham House we have pledged to reduce our carbon footprint this year, by reducing the amount of waste we produce. We employ a company to pick up our recyclable waste. **Every little bit counts!!**



Baby Ava

We are so pleased to announce that our colleague Nadia has had her baby! Say hello to **Ava..** Congratulations Nadia!



On the Farm ...

There is not much happening on the farm at the moment.

The animals are still snuggled up inside the Barn, waiting for spring to arrive.

Graham has been planting the last of the fruit trees for this year, to ensure we continue to get lots of fresh fruit products in our pantry.



What's coming up



Valentine's Dinner

Friday 14th February

Dinner and entertainment by Rick James, also with Keith Sterry.



Don't forget that Tina will continue to organise activities for you all to enjoy on a daily basis.

A note from Lyn ...

I hope you enjoy our newsletter. If you have any questions, please just get in touch as I would be very happy to help with any queries you may have.

Kindest Regards



Lyn

Lyn Nussey