

Sydenham News

November 2019



Welcome to our latest newsletter filled with all the news and events at Sydenham House. As always, there's lots happening at Sydenham House, keeping the residents and staff busy with all the amazing activities and celebrations. Take a look below at the latest news and events. If you have any questions, or need to get in touch, please call us on 01594 517015. Until next time

Grahams On It!! Day 1 of Grahams "Movember"



What a sport Graham is. This is a pic of Graham on **Day One** of growing a moustache for Movember! Graham is asking if anyone would like to donate, please can you give items of food which will then be donated to our chosen charity, **The Trussell Trust**, rather than give cash donations.

We'll let you know how Graham got on with his moustache in next month's newsletter!



Visit www.trusselltrust.org for more information.

Remembrance Day 11th November - Armistice Day.

A very important day to remember and pay respect to the lives lost from the first world war onwards. A time to pay tribute to every life lost in the line of duty. All the staff and residents here at Sydenham House wear their poppy's with pride. Take a look at our notice board below.



Bonfire Night

The Sydenham House Bonfire Night definitely went off with a bang! A fabulous night with all the residents, their family and friends and the staff. With delicious hot dogs and a tippie or two, a lovely time was had by all!



Firework Night Celebrations!

Birthday Mentions



Every birthday is special and we are delighted to send happy birthday wishes to ...

Margaret Tomlinson



Let's We Forget

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Staff Spotlight ...



Sarah Vaughan

Sarah has been working at Sydenham House for 19 years now. She is a Senior Care Worker with experience and qualifications in abundance. Sarah has a grown up son who is soon to be married. In her spare time Sarah is a boxing coach and loves spending time with her family, who of course she spoils rotten!

We're up to date ...

As you know, our residents care and safety are paramount. In order to make sure we keep up with all the latest training, our staff regularly attend training courses. We're delighted to let you know that Hayley Powell and Belle Cooper have now attended **Falls Prevention training** and that all our new staff have now attended the **First Aid at Work training** courses.

A note from Lyn ...

I hope you enjoy our newsletter. If you have any questions, please just get in touch as I would be very happy to help with any queries you may have. Kindest Regards



Lyn

Lyn Nussey

Halloween Party

What a lovely **Halloween Tea Party** we had! Take a look below at our delicious Halloween Party cake! Mmmm....



On the Farm ...

The animals are safely inside the barn for the winter. Last of the fruits have been harvested. We are waiting for scanning in mid November to see how many Cows are in Calf and will be born next summer. We'll keep you updated!



We've also been busy preparing the animal food for the winter!



Candle Party

7pm
Wednesday 27th November
All Welcome

Upkeep ...



A man's work is never done! Here's Graham decorating keeping Sydenham House looking lovely & fresh!



Homemade Chutney made from the fruits of the Farm.



CHRISTMAS MARKET

2019

ARTS & CRAFTS,
GIFTS & MORE!

Friday 22nd November 2019 at 7pm
Sydenham House | All Welcome