

# Sydenham News

October 2019

## HAPPY HALLOWEEN



*Welcome* to our latest newsletter, jam packed with all the latest at Sydenham House. Of course, we couldn't pass up the opportunity of mentioning and theming our newsletter on Halloween as we are in October after all! As always, there's lots happening at Sydenham House, keeping the residents and staff busy with all the amazing activities and celebrations. Take a look below at the latest news and events. If you have any questions, or need to get in touch, please call us on 01594 517015. Until next time ...

### On The Farm ...

As ever, it's been busy on the farm. We have a wonderful crop of Pumpkins ... and to prove they're not just for Halloween, we'll be using them for our delicious winter warming pies & soups!



Along with the Pumpkins, the farms' leeks & cabbages have done tremendously well ... fresh, delicious & ready for the kitchen!



The donkeys have arrived safely back from Weston beach for their well earned rest over the winter.



The cows have been making the most of their last days in the fresh air before coming indoors for the winter.

### Firework Party

Come and join us at our **Firework Party**. There'll be **hot dogs & wine** served and you can enjoy the fireworks centre stage in the cosy conservatory.

Tuesday 5th November from 6pm. Call us on 01594 517015 if you'd like to join us!



### Charity Foodbank

Sydenham House have been donating food to the Forest Foodbank. We are so proud to let you know that we have donated an amazing 13.4kg of food which the foodbank have handed out to families who are struggling to feed themselves. It takes about 2 tonnes of food per month for the Forest area and we are really pleased that our donation made 31 meals to our local people in need in our area.



### Birthday Mentions

Every birthday is special and we are delighted to send happy birthday wishes to ...

*Marina Barrett*

&

*Mark Kornik*



And Many Happy Returns to

*Margaret Tomlinson*

who celebrates her birthday in November.



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## Welcome Tina



Tina

Welcome to Tina Parry who is now our Activities Co-Ordinator. So if you'd like to know more about what's happening event wise at Sydenham House, Tina's your lady!

Tina is married with two grown up children and has lived in the village all her life. Tina has a long history of care work and decided she would like to stay in the care sector, but do something a little different. Tina enjoys walking her dog and spending as much time as possible with her family. In fact, she has just returned for a gorgeous holiday in the sun with her daughter. Please feel free to contact Tina on 01594 517015.

## Spooky! ...



Keeping the Halloween theme with the Sydenham House plants!

## Good Luck Nadia



Nadia

We would like to wish Nadia many congratulations as she will be starting her maternity leave on the 29th November. Her baby girl is due in January! We will, of course, keep you updated on how mum and baby get on.

## A note from Lyn ...

I hope you enjoy our newsletter. If you have any questions, please just get in touch as I would be very happy to help with any queries you may have. Kindest Regards



Lyn

Lyn Nussey

## Congrats Hannah!

Great news for Hannah and for all of us at Sydenham ... Hannah has now gained her qualifications and is now a senior carer. Huge congratulations from all of us Hannah.



Hannah

## Pets at Sydenham

We all know what enjoyment pets and young children bring to the residents. Here's Daisy stroking just one of the lovely dogs brought in to meet and spend time with the residents.



## Keeping Busy!



Just a few of our residents keeping busy & having fun!

## The Snack Run

Thank you to Daisy who keeps all the residents happy with snacks! A firm favourite at Elevensies!



Daisy